Adults Need Vaccines, Too!

Adults should talk to their healthcare provider about vaccines recommended for them, which may include:



(Influenza (Flu)



(Pneumococcal



Hepatitis B & Hepatitis A







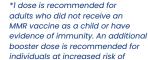
(V) Shingles



MMR



) Tdap



mumps during an outbreak.



COVID-19

Additional vaccines may be recommended for adults with certain conditions, including:

Diabetes, Heart Disease, HIV Infection, Liver Disease, and/or COPD/Asthma



What Vaccines Do You Need?





Learn more about the highlighted vaccines

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Why do adults need vaccines?

Below, find highlighted vaccines and what they do for you!

Influenza (Flu): Often dismissed as "just the flu," influenza can cause a week of aches, fever, and tiredness

Hep B and Hep A: Protect yourself against the Hepatitis B and Hepatitis A viruses, which can cause liver damage that can lead to liver cancer

MMR: Protects against Measles, Mumps, and Rubella, which could lead to hearing loss, problems during pregnancy, and other complications

RSV: Protects against Respiratory Syncytial Virus (RSV), which can cause bronchiolitis and pneumonia in older adults

Pneumococcal: Protects against
Pneumococcal bacteria, which causes
pneumonia, blood infections, and meningitis
(swelling around the spine and brain)

Tdap: Protects against **D**iphtheria (swelling of the heart, heart failure), **P**ertussis (whooping cough), and **T**etanus (painful muscle spasms leading to lock jaw)

Zoster (Shingles): Protects against shingles and long-term nerve pain

COVID-19: COVID-19 vaccines help our bodies develop immunity to the virus that causes COVID-19 without us having to get sick

Questions? Talk with a healthcare provider about the vaccines recommended for you.



